

# Wellocity<sup>®</sup> Health

## EMPLOYEE WELLNESS SOLUTION

Healthier Employees and Lower Costs



 **HIPAA**  
COMPLIANT

## Health + Wellness



### Lifestyle Management

- Exercise
- Nutrition
- Behavior change



### Disease Management

- Heart disease
- Diabetes
- Obesity



### Health Social Network

- Personalized
- Health topics
- Facebook like UX

[www.wellocitywellness.com/enterprise](http://www.wellocitywellness.com/enterprise)

# BENEFITS

## Health + Wellness



### Employee engagement on the go

The Wellocity Health app helps employees stay on track to achieving their health and wellness goals all in the palm of their hands.



### Fun challenges where everybody wins

Employees join challenges to maintain an active lifestyle, encourage healthy habits, and inspire friendly competition.



### Rich content for behavior change

Employees can participate in goals with check-ins that elicit positive health behavior change and increase wellness knowledge.



### Broad choices of wearables and apps

Integrated with Apple Healthkit and Google Fit enabling employees to use the technology of their choice from a broad selection of devices and apps.



### Social network for Health and Wellness

Our unique social network is designed for health and wellness and enables employees to connect, support, and motivate each other.



### Custom incentives

Create an incentive program that fits your company culture and includes merchandise and gift cards from Amazon, Starbucks and over 150 retail gift cards and 15 non-profits.



### Aggregate Data dashboards

View aggregate dashboards and reports for visibility into employee participation, engagement, and satisfaction.

No more apps to download!

[more info](#)

# WHO WE ARE

Wellocity Health is an innovative health and wellness platform that delivers the benefits of Healthier Employees and Lower Costs. Our unique approach to wellness combines a digital health platform designed for lifestyle change and disease prevention, with a telehealth coaching, a health social network, personalized content and gamification to keep employees engaged.

## How Our Wellness Experience Works

**1** Wellocity delivers custom programs that are tailored based on the interest and needs of your employees.

**2** Employees join and engage in all the benefits offered by the app: activity challenges, health tracking, behavior change goals and more.

**3** Employees can engage health and lifestyle coaches using their app for HIPAA compliant telehealth on a variety of health and wellness topics.

**4** Our aggregate dashboard puts you in control with real-time visibility into employee participation, engagement, and satisfaction.

## WHAT MAKES WELLOCITY DIFFERENT?

- Our HIPAA compliant platform offers comprehensive lifestyle change and disease prevention for your employees.
- Our social network for health and wellness improves engagement and provides support for employees.
- Our points system for challenges and content help you align rewards and incentives to your company culture and improve engagement.
- Our health and wellness content is designed to sustain engagement and create awareness for your HR initiatives and benefits.

# TELEHEALTH COACHING

Improve productivity with telehealth coaching. The Wellocity app allows employees to communicate with a coach using live video and messaging and support each other using community.

The Wellocity Health program is part of the National Diabetes Prevention Program, led by the Centers for Disease Control and Prevention (CDC).



■ To learn more visit [www.wellocitywellness.com/enterprise](http://www.wellocitywellness.com/enterprise)



## Contact us

To learn more about how we can help you improve employee engagement and lower your healthcare costs.

Our corporate wellness programs are designed to address both the health and wellness of your employees, which will not only increase productivity but provide better health for your employees overall.