

# NATIONAL DIABETES PREVENTION PROGRAM

## DISTANCE LEARNING DELIVERY MODE TIMELINE



Participant ●

Coach ●



**Per Program Schedule**  
Schedules a distance learning session

**The Day Before**  
Receives an email reminder for the session



**Morning of the Session**  
Can see the lesson module in the cohort calendar



**Hours Before the Session**  
Receives a PUSH notification to weigh-in



**At the Scheduled Time**  
Starts the session

**At Session Start**  
Receives a PUSH notification to join the session



**After the Duration**  
Ends session

**When Session Ends**  
Receives a PUSH notification that the session has ended

